

**Friday (12.07)** All times UTC+3

**17:00-19:00** Athlete registration (EXHIBITION CENTRE - entrance trough main doors). Don't be late, registration closes on 19:00!!!

**Saturday (13.07)** All times UTC+3

8:00-22:00 Exhibition centre doors are open for athletes (ENTRANCE trough MAIN DOORS with participant cards)

**8:00-8:30** Late athlete registration at info center - NOT RECOMMENDED & available only for athletes who have permission!

9:00-21:45 Exhibition centre doors and tribune are open for spectators (ENTRANCE trough MAIN DOORS with tickets)

Time	WOD	CLASS	HEAT
9:00-9:05	WOD 1 announcing		
9:05-9:22	1EW	Elite WOMEN	1
9:27-9:44	1EW	Elite WOMEN	2
9:49-10:06	1EM	Elite MEN	1
10:11-10:28	1EM	Elite MEN	2
10:33-10:50	1EM	Elite MEN	3
10:55-11:12	1SW	Sport WOMEN	1
11:17-11:34	1SW	Sport WOMEN	2
11:39-11:56	1SM	Sport MEN	1
12:01-12:18	1SM	Sport MEN	2
12:23-12:40	1SM	Sport MEN	3
12:45-13:02	1 35+	35+	1
13:07-13:24	1 40+	40+	1
13:24-13:40	WOD 2&3 announcing		
13:40-13:57	2&3EW	Elite WOMEN	1
14:02-14:19	2&3EW	Elite WOMEN	2
14:24-14:41	2&3EM	Elite MEN	1
14:46-15:03	2&3EM	Elite MEN	2
15:08-15:25	2&3EM	Elite MEN	3
15:30-15:47	2&3SW	Sport WOMEN	1
15:52-16:09	2&3SW	Sport WOMEN	2
16:14-16:31	2&3SM	Sport MEN	1
16:36-16:53	2&3SM	Sport MEN	2
16:58-17:15	2&3SM	Sport MEN	3
17:20-17:37	2&3 35+	35+	1
17:42-17:59	2&3 40+	40+	1
17:59-18:10	WOD 4 (4a + 4b for Elite) announcing		
18:10-18:26	4a+bEW	Elite WOMEN	1
18:31-18:47	4a+bEW	Elite WOMEN	2
18:51-19:07	4a+bEM	Elite MEN	1
19:12-19:28	4a+bEM	Elite MEN	2
19:33-19:49	4a+bEM	Elite MEN	3
19:54-20:06	4SW	Sport WOMEN	1
20:11-20:23	4SW	Sport WOMEN	2
20:28-20:38	4SM	Sport MEN	1
20:43-20:53	4SM	Sport MEN	2
20:58-21:08	4SM	Sport MEN	3
21:13-21:23	4 35+	35+	1
21:28-21:38	4 40+	40+	1



**Sunday (14.07)** **All times UTC+3**

9:00-19:00 Exhibition centre doors are open for athletes (**ENTRANCE** through **MAIN DOORS** with **participant cards**)

10:00-19:00 **Exhibition centre doors and tribune are open for spectators (ENTRANCE through MAIN DOORS with tickets)**

Time	WOD	CLASS	HEAT
10:00-10:05	WOD 5 announcing		
10:05-10:19	5EW	Elite WOMEN	1
10:24-10:38	5EW	Elite WOMEN	2
10:43-10:57	5EM	Elite MEN	1
11:02-11:16	5EM	Elite MEN	2
11:21-11:35	5EM	Elite MEN	3
11:40-11:54	5SW	Sport WOMEN	1
11:59-12:13	5SW	Sport WOMEN	2
12:18-12:32	5SM	Sport MEN	1
12:37-12:51	5SM	Sport MEN	2
12:56-13:10	5SM	Sport MEN	3
13:15-13:29	5 35+	35+	1
13:34-13:46	5 40+	40+	1
13:46-14:00	WOD 6 announcing		
14:00-14:13	6EW	Elite WOMEN	1
14:18-14:31	6EW	Elite WOMEN	2
14:36-14:49	6EM	Elite MEN	1
14:54-15:07	6EM	Elite MEN	2
15:12-15:25	6EM	Elite MEN	3
15:30-15:43	6SW	Sport WOMEN	1
15:48-16:01	6SW	Sport WOMEN	2
16:06-16:19	6SM	Sport MEN	1
16:24-16:37	6SM	Sport MEN	2
16:42-16:55	6SM	Sport MEN	3
16:55-17:05	TOP 10 Elite Women and Elite Men athletes announcing & WOD 7 movements announcing		
17:05-17:18	6 35+	35+	1
17:23-17:36	6 40+	40+	1
17:36-18:00	WOD 7 Elite announcing (first time) & SHOW		
18:00-18:20	7EW	Elite WOMEN	1 (TOP10)
18:25-18:45	7EM	Elite MEN	1 (TOP10)
19:00-19:30	Closing, awards, participant photo		

